

## CURRICULUM VITAE

Aistė Kriukelytė

### Stage experience

- 2019 - 2020 Artistic research "Human. Impulse. Movement." and public presentation of its results in Dance Exploration Platform *Bitės*, festival *New Baltic Dance* (work in process „Coming Closer“) and other places – the author of the idea and researcher-dancer
- 2018 - 2019 Solo piece "In the Mist" – dancer and choreographer
- 2010, 2016 Contemporary dance performance „It was water here“ – dancer and choreographer
- 2008 - 2009 Contemporary dance performance "4-2-3" – choreographer
- 2009 Contemporary dance performance "Flowiness", chor. J. Deineko - dancer
- 2008 Performance "Bildung", chor. J. Deineko – dancer
- 2007 - 2008 Dance solo „Waiting for him to appear“ – dancer and choreographer, in 2008 in the International Contemporary Dance Festival *New Baltic Dance* – choreographer.
- 2006 - 2007 Dance performance „157 km“ (chor. J. Deineko) – dancer
- 2006 Dance performance „7 inspirations“ (chor. E. Vizbaraitė and D. Petkūnaitė) – dancer
- 2003, 2006 Public performances of contact improvisation in Vilnius and Klaipėda
- 2004 Dance piece "Baltai" – dancer and choreographer
- 2003 Dance performance „My life“ (chor. J. Smoriginas) – dancer
- 2000 Dance performance "Backyard. Nothing New", chor. A. Balkevičiūtė and dancers – dancer
- 1994 - 2007 Contemporary dance pieces and performances for dance company „Polėkis“, chor. J. Smoriginas, B. Banevičiūtė, V. Mozūraitė, S. Simina, C. Brown, C. Roulin and other Lithuanian and foreign choreographers - dancer.
- 1994 – 2007 Supernumerary artist (in "Hansel and Gretel" also a dancer) in Lithuanian National Opera and Ballet House.

### Teaching experience

- 2021 Somatic movement laboratory SOJULA for dancers and movement therapists
- 2019 - 2021 Somatic movement, improvisation and basic movement patterns classes for dance or dance movement therapy students (Vilnius University/Lithuanian Music and Theatre Academy)
- 2017 – 2021 Movement classes for small children (1-2,5 years) and their mothers
- 2014 - present Somatic movement exploration workshops, experiential anatomy workshops, movement development patterns experiential workshops.
- 2003 – present Dance classes.
- 2018 Leader of "Embodied Scent" workshops in Vilnius, in International Olfactory Conference in London and Somatic Gathering in Dartington, UK.
- 2005 Contemporary dance classes in international youth project in Azerbaijan, including creation of dance performance in the end.

## Movement therapy experience

2021 – 2022	Bodywork and movement therapist in VŠĮ “Penki Pojūčiai”
2015 – present	Private bodywork and movement therapy practice.

## Education related to dance and somatic movement

From 2021	The Master’s in Dance Movement Therapy program (a joint program of VU and LMTA)
2021	Informal education program “Art and health: introduction to studies of art therapy”, 160 hours (Vilnius University)
2011 – 2015	Diploma in Integrative Bodywork and Movement Therapy program: <i>Baby movement development</i> (120 hours), <i>authentic movement and therapeutic presence</i> (60 hours), <i>experiential anatomy</i> (288 hours), <i>somatic psychology</i> (72 hours) (IBMT Institute, UK)
1994 – 2010	Regular contemporary dance classes: V. Jankauskas, J. Deineko, J. Smoriginas, B. Banevičiūtė and other Lithuanian and foreign teachers.
1994 - 2007	Regular ballet classes in the dance company „Polėkis“, E. Juodišienė.
2006 Oct-Dec	Ballet, contemporary and jazz classes in “On stage” center Hamburg (Germany)

## Dance workshops:

2021	<ul style="list-style-type: none"><li>• Contemporary dance technique, Sara Colomino Gimenez, 9 h</li><li>• Creative laboratory, Martyn James Garside, 18 h</li></ul>
2020	<ul style="list-style-type: none"><li>• Creative laboratory „Responsive body“, Kulli Roosna, Kenneth Flak, 18 h</li><li>• Contemporary dance, Ilze Zirina, 9 h</li></ul>
2019	<ul style="list-style-type: none"><li>• „Giving and Receiving Feedback“, Bush Hartshorn, 12 h</li><li>• Skinner Release Technique, Sally Dean, 16 h</li><li>• Creative laboratory, Lukas Karvelis, 10 h</li><li>• Contemporary dance technique, Clementine Deluy, 7,5 h</li></ul>
2018	<ul style="list-style-type: none"><li>• Contemporary dance and movement, Celia Amade, 9 h</li><li>• Contemporary dance technique, Lorand Zachar, 9 h</li><li>• Butoh dance, Sakurako (4 hours)</li></ul>
2017	<ul style="list-style-type: none"><li>• „Contemporary dance technique and voice composition“, Maud Karlsson, 15 h</li><li>• Movement exploration workshop, Joan Catala, 6 h</li></ul>
2016	<ul style="list-style-type: none"><li>• Contemporary dance technique, Renate Graziadei, 9 h</li></ul>
2015	<ul style="list-style-type: none"><li>• GAGA dance, Natalia Iwaniec, 11 h</li><li>• Contemporary dance and Horton technique (12 h) and Dance composition (24 h), Marta Ladjanski</li><li>• Experiential anatomy, Amy Voris ir Natalie Garrett Brown, 24 h</li></ul>
2014	<ul style="list-style-type: none"><li>• Afro dance, Daudet Grajai, 12 h</li></ul>
2013	<ul style="list-style-type: none"><li>• Countertechnique® and workshop on practical anatomy, Nina Wollny, 17 h</li><li>• Contemporary dance technique, Samir Calixto, 12 h</li><li>• Introduction to Axis Syllabus System, Matthew W. Smith, 12 h</li><li>• Butoh dance, Ken Mai, 12 h</li></ul>

2012	<ul style="list-style-type: none"> <li>• Contemporary dance technique, Inaki Azpillaga, 12 h</li> <li>• Dance kinesiology, Danguolė Venslavičė, 12 h</li> </ul>
2011	<ul style="list-style-type: none"> <li>• Principles of Balletbodylogic, Annemari Autere, 12 h</li> <li>• Jazz dance, Claude Aymon, 12 h</li> </ul>
2010	<ul style="list-style-type: none"> <li>• Contemporary dance technique, Virpi Juntti, 12 h</li> <li>• Gyrokinesis, Deborah Macedo, 12 h</li> <li>• Principles of Balletbodylogic, Annemari Autere, 12 h</li> </ul>
2009	<ul style="list-style-type: none"> <li>• Contemporary dance technique and creative workshop, Gabrielle Steiger, 14 h</li> <li>• Contemporary dance technique and improvisation, Raimonda Gudavičiūtė, 11 h</li> </ul>
2008	<ul style="list-style-type: none"> <li>• Dance composition, Anders Christiansen, 23 h</li> <li>• International educational project <i>The Wonderful Life of the Water</i>, P. Davies ir C. Bennet, 30 h</li> </ul>
2007	<ul style="list-style-type: none"> <li>• Dance and Movement analysis, Marika Hedemyr, 16 h</li> <li>• Contemporary dance in Sweden: theoretical and practical seminar, M. Elfstrom ir C. Parsons</li> </ul>
2006	<ul style="list-style-type: none"> <li>• Contemporary dance technique, Tatjana Gordejeva, 14 h</li> <li>• Contact improvisation, Anrea Buckley, 16 h</li> <li>• Modern dance technique, Michael Diekamp, 6 h</li> <li>• Creative dance lab, Michael Diekamp, 28 h</li> </ul>
2005	<ul style="list-style-type: none"> <li>• Contemporary dance technique, Tatjana Gordejeva, 18 h</li> <li>• Ballet kinetics, Laura Graham, 12 h</li> <li>• Contact improvisation, Hans Joachim David, 12 h</li> <li>• Creative lab, Maria Saivosalmi, Andrius Katinas, 39 h</li> </ul>
2004	<ul style="list-style-type: none"> <li>• Vilnius dance printing house educational program: yoga, ballet, contemporary dance, improvisation and composition classes and videolectures, G. Laurinavičiūtė, A. Katinas, P. Skirmantas, B. Tomaševičienė, V. Mozūraitė, 60 h</li> </ul>
2003	<ul style="list-style-type: none"> <li>• Vilnius dance printing house educational program: ballet (P. Skirmantas), contemporary dance (V. Jankauskas), butoh dance (members of Eiko &amp; Koma company), videolectures (V. Mozūraitė), 60 h</li> <li>• Educational program of the New Baltic Dance Festival (G. Acogny, O. Žitluchina and others)</li> </ul>

### **Somatic movement, body psychotherapy and other trainings and workshops:**

2021	<ul style="list-style-type: none"> <li>• Imbalance in body: 5 main body centres, Domantas Nedzinskas, 8 h</li> </ul>
2020	<ul style="list-style-type: none"> <li>• TRE („Tension and Trauma Release Exercises“) workshop, Steph Hodgson, 12 h</li> <li>• Dance movement therapy mirrors, Julia Morozova-Van Steenis, 12 h</li> </ul>
2019	<ul style="list-style-type: none"> <li>• „Body psychotherapy. Trauma“, 12 h and group supervision, 3 h, M. Heitzler</li> <li>• A workshop on embodied anatomy and somatic movement „Body and Earth“, C. McHose and A. Olsen, 24 h</li> </ul>
2018	<ul style="list-style-type: none"> <li>• A course on body psychotherapy „Working with trauma: Shame“, M. Landale, 54 h</li> <li>• Body psychotherapy, S. Aposhyan, 18 h</li> <li>• Application of the methods of dance therapy, A. Girshon, 44 h</li> </ul>

2017	<ul style="list-style-type: none"> <li>• „Body psychotherapy. Trauma in the Body“, Margaret Landale, 72 h</li> <li>• „Body psychotherapy. Trauma“, Part II, 12 h and group supervision, 3 h, M. Heitzler</li> </ul>
2016	<ul style="list-style-type: none"> <li>• „Body psychotherapy. Trauma“, Part I, 12 h and group supervision, 3 h, M. Heitzler</li> <li>• Constellation method in work with trauma, Kama Korytowska, 12 h</li> <li>• The Discipline of Authentic Movement, C. Schmitz, 12 h</li> <li>• Continuum movement®, Jane Okondo, 12 h</li> </ul>
2015	<ul style="list-style-type: none"> <li>• “Body psychotherapy. Character types according to Reich”, Parts III ir IV (23 h) and group supervision (6 h), M. Heitzler</li> <li>• Integrative bodywork and movement therapy workshop “What babies speak”, A. Witkowska, 12 h</li> </ul>
2014	<ul style="list-style-type: none"> <li>• “Body psychotherapy. Character types according to Reich”, Part II (12 h) and group supervision (3 h), M. Heitzler</li> </ul>
2013	<ul style="list-style-type: none"> <li>• The Discipline of Authentic Movement, C. Schmitz, 12 h</li> <li>• The anatomy of the pelvic floor, its function and role, Danguolė Venslavičė, 10 h</li> </ul>
2008	<ul style="list-style-type: none"> <li>• Feldenkrais method, Ramona Galkina, 11 h</li> </ul>

### Other education

1998 – 2000 Masters in International Business, Vilnius University

1994 – 1998 Bachelor in Business Administration and Management, Vilnius University